



SUSTAINABILITY

We are always thinking of ways to help our planet and firmly believe that it makes sense both now and in the future that we have a responsibility to do our bit. We keep this at the core of our decision making.

We do not use pesticides anywhere in the kitchen garden, so all food grown here is organic and handpicked. We seem to have incredible soil here, the gardens are going from strength to strength. We even managed to grow pears on the sidewalls of the house and a grape vine above the back door.

Butterflies and bees absolutely love it in our garden and we are very excited to be using our neighbours hives. Saddlers honey is available to purchase but do try it during breakfast – it's delicious!

Meat used for breakfast is provided by our local farmers Adsdean Farm. We believe in shopping locally, which both supports the local farmers and cuts down on food miles.

We have invested in a composting system, so that all compostable waste from our kitchens can be reused.

Where we can't recycle and re-use on site, we work with a number of local waste management partners, who were chosen for their commitment to environmental awareness and improving resource efficiency.

We avoid using single use plastics for bathroom products in bedrooms, using larger refillable bottles for use during your stay. Bottles are also available to buy from reception should you want to take any home (they are a bit gorgeous). Products in the bedroom rooms have been specially selected for your use. Temple Spa is completely organic and award-winning British skincare company that is a perfect blend of British sophistication with a Mediterranean soul. They are also local to us and based in Littlehampton.

Any suggestions from guests would be welcome, so if you have any recommendations you have seen anywhere else, do email bookings@saddlersbb.com and we'll see what we can do.

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